

# 6th Course on Nutrition in Emergencies (NIE-6)

## Course Brochure

**Schedule:** 10–21 October 2016

**Venue:** Bangkok, Thailand

Climate change, conflict and global economic volatility are all contributing to an increased frequency of humanitarian emergencies worldwide. Emergencies put affected populations at a much higher risk of becoming malnourished, and this in turn leads to an increase in disease and death. Yet, malnutrition is not an inevitable consequence of emergencies; effective strategies exist for preventing and treating malnutrition in these settings. Implementing such strategies requires people on the ground who can anticipate and respond to nutritional needs of communities, even when working in demanding and constantly changing environments. It also requires coordinated action by those working in a range of sectors, including health, food security, livelihoods, water, sanitation and hygiene and logistics.

One of the biggest challenges facing Governments, UN agencies and NGOs in their attempts to prevent and treat malnutrition in emergencies is that there are simply not enough people who are trained in nutrition. In response, the Institute for Global Health (part of University College London), the American University of Beirut in Lebanon, the Asian Disaster Preparedness Center in Thailand, and the University of Makerere in Uganda set up the Nutrition in Emergencies (NIE) regional training project. The objective of this initiative is to boost capacity in NIE, particularly in the regions that are most susceptible to humanitarian emergencies.

### Objectives and curriculum

Our intensive courses in Nutrition in Emergencies have been designed to help equip participants with the expertise needed to lead or support nutrition responses. They are intended to build the skills of anyone who has an involvement with emergency nutrition, including health and food security staff, and general programme managers. In addition to providing the most up-to-date technical theory of NIE, we employ a range of training techniques to help participants to think more practically about what they would need to do to prevent and treat malnutrition during an emergency.

The course materials are based on the NIE Harmonized Training Package (HTP) which has been developed by international experts on behalf of the Global Nutrition Cluster. The HTP is the most up-to-date training resource for emergency nutrition. Courses are run in Lebanon, Uganda and Thailand and are tailored to meet the specific needs of each region.

### Course methodology

Each course includes modules on the causes and types of malnutrition as well as the main areas of focus for nutrition professionals in emergency settings:

- Surveys and surveillance
- Therapeutic and supplementary feeding
- Infant and young child feeding in emergencies
- General food distributions
- Micronutrient assessment and intervention
- Monitoring and evaluation
- Humanitarian standards and coordination
- Emergency preparedness



**Upon completion of the course, the participants will master key competencies in the following sectors:**

- Identify the various forms of malnutrition and micronutrient deficiencies that occur during emergencies.
- Demonstrate how to take anthropometric measurements and calculate nutritional indices.
- Describe the conceptual framework for the causes of malnutrition and explain how different types of emergencies affect nutritional status.
- Design and undertake an appropriate assessment to determine the severity of malnutrition and to identify its causes.
- Critically review the quality and appropriateness of interventions that are used to treat and prevent malnutrition and the main steps for implementation.
- Describe the roles and responsibilities of Government, UN agencies and other organizations during an emergency and the mechanisms for coordination of nutrition-related activities.



We also support participants to put together a professional development plan to guide their learning and practice following completion of the training. During the 11 or 12-day courses, we include additional topics relevant to NIE, such as: working with communities, and advocacy and communication in emergencies.

### Target participants

We welcome applications from professionals working in the humanitarian and development sector who would like to improve their knowledge and understanding of emergency nutrition. The courses are suitable for nutritionists, health and food security staff but might also be of interest to general emergency program managers, logisticians and even journalists. We will also accept applications from individuals who have no relevant work experience but who have a relevant graduate-level qualification. A firm understanding of spoken and written English is essential.

### Facilitators

Course sessions are led by experts in the fields of nutrition and emergency nutrition programming. We aim to have a combination of regional and international experts involved with each course. In addition, we encourage participants to contribute their own experiences to help support the learning of the whole group.

### What are the benefits of doing a course in Nutrition in Emergencies?

Our courses have been specifically designed to help develop practical skills that will enable participants to support emergency nutrition responses more effectively. We provide the most up-to-date technical information about a wide range of nutrition interventions. Crucially, our courses enable participants to get to know others working in this sector and to know where to go for guidance and technical updates.

### Language

The course is currently offered in English only. Extensive reading and participatory learning methods are used. Participants will receive pre-reading materials before arriving at the course site. An interactive simulation exercise on the last day gives participants an opportunity to use the skills and knowledge learned during the course. Participants should be fluent in reading and speaking English.

### Course fee

**Course Package A:** USD3,555 with accommodation and breakfast

**Course Package B:** USD2,575 without accommodation

Fees cover the tuition fee, daily meeting package with lunch and refreshments, non-refundable registration fee of USD250, training kit, and all course materials. Participants are responsible for all of their accommodation, travel expenses and incidentals such as medical insurance, laundry, personal phone calls, faxes, internet, and shipping of personal items.

### Registration

To apply to the course, you are asked to fill in the course application form and submit it by email together with your resume to [yvonne.d@adpc.net](mailto:yvonne.d@adpc.net). If you have received the application form in a printed format, please return it to ADPC by fax or scanned copy.

The deadline of applications is **19 September 2016**. Applications will be accepted on a rolling basis until the course is full, and you will be notified if you have been accepted to the course. Once the registration process has been completed, you will receive more information regarding the course and logistics. *Please apply at least one month prior to the date of the course.*

### Cancellation

If you are unable to attend, a substitute applicant is welcome to attend in your place. Cancellation of attendance should be notified at least three weeks prior to course commencement, in which case a partial refund will be granted where 15% of the fee is deducted for banking charges and administrative costs. No refunds are available for cancellation within three weeks prior to course commencement.

### Brought to you by

Department of Nutrition & Food Science, American University of Beirut, Lebanon  
Public Health in Emergencies, Asian Disaster Preparedness Center, Thailand  
School of Public Health, Makerere University, Uganda

### With support from

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Emergency Nutrition Network (ENN)



### Website

[www.nietraining.net](http://www.nietraining.net)

### For more information, please contact

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