NUTRITION IN **E**MERGENCIES **R**EGIONAL **T**RAINING INITIATIVE

NUTRITION IN EMERGENCIES

7 - 18 October 2013

NIE 03

Background

Climate change, conflict and global economic volatility are all contributing to an increased frequency of humanitarian emergencies worldwide. Emergencies put affected populations at a much higher risk of becoming malnourished, and this in turn leads to an increase in disease and death. Yet, malnutrition is not an inevitable consequence of emergencies; effective strategies exist for preventing and treating malnutrition in these settings. Implementing such strategies requires people on the ground who can anticipate and respond to nutritional needs of communities, even when working in demanding and constantly changing environments. It also requires coordinated action by those working in a range of sectors, including health, food security, livelihoods, water, sanitation and hygiene and logistics.

What do we include in our courses?

Each course includes modules on the causes and types of malnutrition as well as professionals in emergency settings:

- Therapeutic and supplementary feedingInfant and young child feeding in emergencies
- General food distributions
- intervention
- Monitoring and evaluation
- Humanitarian standards and coordination
- Emergency preparedness

Who should take this course?

- Professionals working in the humanitarian and development sector knowledge and understanding of emergency nutrition.
- staff and general emergency program managers, logisticians and even journalists.
- experience but who have a relevant graduate-level qualification will be

NIE 03





About the course

The NIE course has been designed to help equip participants with the expertise needed to lead or support nutrition responses. They are intended to build the skills of anyone who has an involvement with emergency nutrition, including health and food security staff, and general programme managers. In addition to providing the most up-to-date technical theory of NIE, we employ a range of training techniques to help participants to think more practically about what they would need to do to prevent and treat malnutrition during an emergency.

The course materials are based on the NIE Harmonized Training Package (HTP) which has been developed by international experts on behalf of the Global Nutrition Cluster. The HTP is the most up-to-date training resource for emergency nutrition. Courses are run in Lebanon, Uganda and Thailand and are tailored to meet the specific needs of each region.

By the end of the course, participants will be able to:

- Identify the various forms of malnutrition and micronutrient deficiencies that occur during emergencies
- Demonstrate how to take anthropometric measurements and to calculate nutritional indices
- Describe the conceptual framework for the causes of malnutrition and explain how different types of emergencies affect nutritional status
- Explain the links between nutrition, health, food security and livelihoods ir emergencies
- Design and undertake an appropriate assessment to determine the severity of malnutrition and to identify its causes
- Interpret and summarise nutrition assessment results accurately and concisely
- Describe the types of interventions that are used to treat and prevent malnutrition in an emergency, when they might be used and the main steps for implementation
- Critically review the quality and appropriateness of emergency nutritior responses
- Describe the roles and responsibilities of Government, UN agencies and other organizations during an emergency and the mechanisms for coordination of nutrition-related activities



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Who are the trainers?

Course sessions are led by experts in the fields of nutrition and emergency nutrition programming. We aim to have a combination of regional and international experts involved with each course. In addition, we encourage participants to contribute their own experiences to help support the learning of the whole group.

What is the cost?

- Course Package A: US\$2,575 without accommodation
- Course Package B: US\$3,485 with accommodation and breakfast

What is the application procedure?

It is best to apply electronically. Please email your application form and copy of your CV to

ADPC-coordinator@nietraining.net and copy to *janette@adpc.net*

Once accepted, applicants will receive detailed registration information and procedures for payment. Please apply at least one month prior to the date of the course you wish to attend.

Language and teaching methods

The course is currently offered in English only. Extensive reading and participatory learning methods are used. Participants will receive pre-reading materials before arriving at the course site. An interactive simulation exercise on the last day gives participants an opportunity to use the skills and knowledge learned during the course. Participants should be fluent in reading and speaking English.

